

Dance Class Descriptions

Acro- Learn elements of acrobatic dance, focusing on flexibility, straighten, balance, tumbling, and more. Class emphasis is geared towards developing technique required to perform balances, tumbling and partner / group tricks on stage to enhance a complete dance routine. No shoes required.

Ballet/Ballet & Tap - This class offers a chance for young dancers to be introduced to creative movement and new friendships! Here we will learn room directions, basic motor and coordination skills, and classroom cooperation. Ballet and tap shoes required.

Contemporary - Combines elements of several genres including modern, jazz, lyrical and ballet. Leaps and turns will be incorporated into this current popular dance style. Ballet and jazz shoes required.

Dance Team Prep - This class offers performers the opportunity to experience and prepare for a dance team. We will be focusing on group coordination and personal spirit by learning fun routines incorporating poms, hip hop and jazz, as well as working on dance technique including jumps, turns, and leaps. Also within the class, dancers will learn essential work ethics including dedication, determination, and team work. This class will be a great experience for dancers looking to audition for school or community teams or for performers hoping to strengthen their talent and ability. Jazz shoes required.

Hip Hop – This class will include the fundamentals of Hip Hop and introduce additional dance steps and movements as the class progresses. Jazz shoes required.

Hip Hop Jazz – During the jazz part of class we will be working on improving the exciting and impressive tricks and technique that not only follow into other dance classes but can also wow your friends and family. In jazz, we will also be focusing on smooth and continuous movement. While during the hip hop section of class we will grounding our movements, and getting into the urban groove by learning awesome choreography including a lot of cool moves that you may have seen in your favorite music videos. Jazz Shoes required.

Jazz-Funk - Jazz with a retro twist. Warm-up, across the floor and jazz combination routines. Jazz shoes required.

Lyrical - Lyrical dance is a beautiful style of dance which blends the styling of ballet, jazz and modern. Warm-ups and barre work are designed to develop a dancer's classical technique, while still maintaining a jazz and/or modern style. Music selected usually has strong meaning and the choreography is designed to tell a story or express the feeling/mood of the music. No shoes required.

Musical Theater - Explore the excitement and fun of theatre dancing for plays and musicals. Students will learn varied styles of choreography based on Broadway musicals, movies and television. Jazz shoes required.

Princess Ballet - Calling all Little Princess.... Join us for this fun introduction to Ballet where we will learn basic ballet steps. Put on your finest princess wear or your favorite Tutu and join us for a trip to fantasy land! Ballet shoes required.

Poms Class – Hip hop and dance movement with poms. Jazz shoes required.

Star Studio Dance Company & Jr. Dance Company- Star Studio Dance Company is a company of dancers ages 8 & up. Jr. Dance Company is dancers ages 5-7. This 1 hour class will involve not only learning and extending our dance terminology, but it will open dancers to a variety of dance styles and performance opportunities. Ballet, tap, and jazz shoes required.

