

Monday-Friday
Date 7/24-7/28

Sports Camp Week 7

All Camps Theme: Beach

Monday 7/24	Tuesday 7/25	Wednesday 7/26	Thursday 7/27	Friday 7/28
Kickball/ World cup	Football/ Capture the Flag	Basketball/ Soccer	FIELD TRIP to Schaumburg Sports Center	Wear your favorite school spirit wear!
Snack	Snack	Snack	Information about the field trip is included on the back of the schedule.	Whiffle Ball/ World Cup
Jump the River/ Indoor Hockey	Mac Attack/ Eisenhower Park	Kickball/ Running Bases		Snack
Lunch	Lunch	Lunch	Wear Camp T-shirt!	Capture the Flag/ Jump the River
Pool Time	Pool Time	Pool Time		Lunch
				Pool Time

Deadline to sign up for Week 8 is Friday July 28th at 12pm. If you register for Week 8 after that time you will be charged a 10 dollar late fee

Camp Reminders!

- Pack a snack and lunch everyday. Kids can purchase snacks or lunch from the concession stand. You also have the option to purchase hot lunch. Your child will be sent home with a hot lunch menu every week.
- Don't forget a water bottle!
- Kids are expected to come to camp everyday wearing gym shoes
- Make sure your child brings a bathing suit, spray sunscreen, and towel for the pool in the afternoon. Counselors can only help your child apply sunscreen if it is in a spray container.
- Write your name on your stuff in case it gets lost!
- Electronics, Fidget Spinners, or any other toys will not be allowed at camp
- **Campers are responsible for any money or items they bring to camp each day!**

Field Trip Information: Thursday, July 27th

Schaumburg Sports Center (Schaumburg Park District): 1141 IL-19, Schaumburg, IL 60193

We will be taking a school bus to get to and from Schaumburg Sports Center. We will leave the Prospect Heights Park District at 9am and arrive back around 1:45pm. Please send your child with gym shoes and a sack lunch. Campers will have the opportunity to play bubble soccer and a variety of other sports. **Please fill out the attached waiver and return it to camp!**

Contact Us!

Contact the Prospect Heights Park District with any questions:

Phone: 847-394-2848

Email: lfudala@phparks.org